



Save on Your Prescriptions with Step Therapy!

Step Therapy is a program designed to offer you the best medication at the lowest possible cost. With Step Therapy, your employer will pay for the cost of certain lower-cost drugs initially (Step-One drugs), but not their higher cost alternatives (Step-Two drugs).

If you are currently taking medication for one of the following conditions, you will need to switch to an alternative, Step-One drug and get **6 months FREE!**

MEDTRAKRx



Why Switch?

- Receive **6 months FREE** when you switch to a Step-One alternative!
- Treat your condition with safe and effective alternatives
- Save money for your employer so they can continue offering the best prescription plan available

- | | |
|--|---|
| <input type="checkbox"/> Acid Reflux | <input type="checkbox"/> High Cholesterol |
| <input type="checkbox"/> Acne | <input type="checkbox"/> Hyperphosphatemia |
| <input type="checkbox"/> Allergic Conjunctivitis | <input type="checkbox"/> Inflammatory Bowel Disease |
| <input type="checkbox"/> Atopic Dermatitis | <input type="checkbox"/> Insomnia |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Mental Health |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Muscle Spasms |
| <input type="checkbox"/> Fungal Nail Infections | <input type="checkbox"/> Narcolepsy |
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Gout | <input type="checkbox"/> Overactive Bladder |
| <input type="checkbox"/> Hay Fever | <input type="checkbox"/> Pain |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Prostate Health |

WHAT YOU NEED TO DO

If you currently take a Step-Two medication for one of the conditions listed above, it will no longer be covered under your plan. Please take the following action:

1. Contact MedTrakRx at 1.800.771.4648 to see if you need to switch to a Step-One medication. The list on the following page shows many of the Step-Two medications and their Step-One alternatives that are part of this program.
2. Call your doctor before your next refill and discuss changing your prescription to a Step-One alternative. Switch today and **get your first 6 months with \$0 CoPay**
3. Make the change before your drug is no longer covered.

Step Therapy Targeted Conditions	Step-Two Medications			Step-One Alternatives		
Acid Reflux Proton Pump Inhibitors	Dexilant Esomeprazole	Omeprazole/Sodium Bicarbonate		Lansoprazole Omeprazole	Pantoprazole Rabeprazole	
Acne Isotretinoin Products	Absorica			Isotretinoin generics		
Oral Antibiotics	Acticlate Doryx	Miocycline ER Solodyn		Doxycycline Minocycline		
Topical Creams	Tretin-X 0.0375% Cream			Tretinoin 0.025%, 0.05% and 0.1% Cream		
Topical Gels	Atralin Gel Epiduo Gel	Retin-A Micro 0.08% Gel		Adapalene Gel Tretinoin Microsphere Gel	Tretinoin Gel	
Allergic Conjunctivitis Ophthalmic Antihistamines	Alocril eye drops Lascaloft eye drops		Pataday eye drops	Azelastine eye drops Cromolyn eye drops		Epinastine eye drops Olopatadine eye drops
Atopic Dermatitis Topical Steroids	Fluocinonide 0.1% Cream Semivo Spray			Betamethasone cream, lotion, or ointment		
Blood Pressure ARB/Combinations	Benicar/HCT Teveten-HCT	Edarbi Edarbyclor		Irbesartan/HCT Losartan/HCT	Telmisartan Valsartan/HCT	
Non-selective Beta-Blockers	Innopran XL			Nadolol Pindolol	Propranolol/ER Timolol	
Cardioselective Beta-Blockers	Bystolic			Atenolol	Betaxolol	Metoprolol
Calcium Channel Blockers	Dynacirc	Nisoldipine ER		Amlodipine	Felodipine	Nifedipine SR
Depression Antidepressants SSRIs	Trintellix Luvox CR	Pexeva Viibryd		Escitalopram Fluoxetine	Paroxetine/CR Sertraline	
Antidepressants SNRIs	Desvenlafaxine Fetzima	Khedezla Pristiq		Venlafaxine Venlafaxine ER Tabs	Venlafaxine ER Caps	
Antidepressants DNRI	Aplenzin Forfivo XL			Bupropion IR Bupropion SR	Bupropion XL/ER	
Diabetes Metformin ER products	Metformin extended-release (brand and generic Fortamet)			Metformin extended-release (generic Glucophage XR)		
Fibromyalgia Various drug classes	Savella			Amitriptyline Gabapentin IR	Cyclobenzaprine IR Duloxetine	
Fungal Nail Infections Topical Antifungals	Jublia Solution		Kerydin Solution	Ciclopirox solution		
Glaucoma Prostaglandin analogs	Bimatoprost eye drops Rescula eye drops		Travoprost eye drops Zioptan eye drops	Latanoprost eye drops		
Gout Anti-Gout Agents	Uloric			Allopurinol		
Hay Fever Nasal Steroids	Beconase AQ Nasonex Omnaris	Qnasl Rhinocort AQ Veramyst		Fluticasone Flunisolide		
High Cholesterol Lipid	Altoprev Fluvastatin	Livalo Rosuvastatin 5 mg, 10 mg & 20 mg		Atorvastatin Lovastatin	Pravastatin Simvastatin	
Hyperphosphatemia Phosphate Binders	Auryxia Fosrenal	Renvela Renagel	Velphoro	Calcium Acetate		
Insomnia Sedatives	Belsomra Edluar	Intermezzo Zolpimist		Eszopiclone		Zaleplon Zolpidem/CR
Inflammatory Bowel Disease GI Glucocorticoids	Uceris 9mg Tablet			Budesonide 3mg/24 hr Capsule		
Mental Health Atypical Antipsychotics	Fanapt Latuda	Invega Rexulti	Saphris Vraylar	Aripiprazole Quetiapine	Olanzapine Risperidone	Ziprasidone
Migraines Injectable Triptans	Sumavel DosePro			Sumatriptan generics		
Oral and Nasal Triptans	Almotriptan Onzetra	Frovatriptan Relpax	Sumatriptan Nasal Zomig Nasal	Naratriptan Sumatriptan tablets	Rizatriptan	Zolmitriptan tablets and ODT
Muscle Spasms Muscle Relaxants	Amrix Carisoprodol 250 mg	Fexmid	Lorzone Melaxalone	Tizanidine Methocarbamol	Cyclobenzaprine Orphenadrine	Carisoprodol 350 mg Chlorzoxazone 500 mg
Narcolepsy Provigil/Nuvigil	Armodafinil Modafinil			Metadate CD Methylin Chewable		
Osteoporosis Bisphosphonates	Atelvia Fosamax D	Fosamax Sol. Fosamax	Actonel (5mg, 30mg, 35mg)	Alendronate Ibandronate Tabs		Risedronate 150 mg
Overactive Bladder Bladder Antispasmodics	Enablex Oxytrol Patch	Toviaz Vesicare	Gelnique Gel 10%	Flavoxate Tolterodine/ER	Oxybutynin/SR	Trospium/ER
Pain Tramadol	Tramadol 150 mg ER			Tramadol 50 mg IR		Tramadol ER
Topical NSAIDs	Flector Patch 1.3%			Diclofenac Gel 1%		Diclofenac Solution 1.5%
Oral NSAIDs: Naproxen	Naprelan CR 750mg Tablet (both brand & generic)		Naproxen SR 500mg Tablet (generic Naprelan)	Naproxen (generic Naprosyn & Anaprox DS)		Naproxen DR (generic EC-Naprosyn)
Prostate Health Alpha-1 Blockers	Cardura XL Jalyn	Rapaflo		Alfuzosin Doxazosin	Tamsulosin Terazosin	